



*Lorain County
Office On Aging*

2022 Annual Report

Established 1973

Lorain County Office on Aging's 3rd Annual Fundraiser

Friday August 18th 2023

Doors Open at 5:00pm

Dinner Served from 5:30pm - 7:30pm

LCCC Spitzer Conference Center 1005 N Abbe Rd, Elyria

\$40 per ticket



Food Provided by VOLLICK'S AUTHENTIC HOMESTYLE COOKING

Entrée: Grilled White/Dark Chicken

Brats in Sauerkraut

Chicken Salad on Croissants

Sides: Cabbage & Noodles

Mac & Cheese

Cole Slaw

Vegetables: Veggie Tray

Baked Beans - V

Desserts: Assortment

Cash Bar: Assortment Wine, Domestic Beer, Liquor

Coffee Bar & Fixings

Take Out in To-Go Containers Available

*Gift Cards*Silent Auctions*Door Prizes*

*Raffles*Baskets*50/50*

**YOUR SPONSORSHIPS AND DONATIONS HELP
LCOOA CONTINUE PROVIDING CRITICAL SERVICES
TO OLDER ADULTS IN LORAIN COUNTY**

Please call Lauren at 440-326-4822 for more information

THANK YOU TO LCOOA BOARD, STAFF & VOLUNTEERS

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Volunteers

A special thank you to the 243 dedicated volunteers who helped provide services via 42 stations in 2022.

Administration

Lauren Ksiazek, MSW, LSW, Executive Director
Brad Dolan, CPA Retired, Fiscal Officer
Cathy Rue, Business Manager

Staff

Christine Anderson, RSVP Coordinator
Lea Arcuri, LISW-S Kinship Group Facilitator
Carolyn Bishop, LSW, ADRC/Information and Assistance, Senior Dining Program
Heather Boyd, SWA, ADRC/Benefits Specialist
Kathryn Carpenter, Supportive Services/UCAN Case Manager
Saundra Ferguson-Brown, Homemaker Program Director
Diana Colley, Northeast Office Supervisor/RSVP Program Director
Carol Garbash, Homemaker/Chore Scheduler
Sue Guthrie, SSO Administrative Assistant
Brittany Knight, MSW, LSW, SSO Outreach Coordinator
Paula Loos, ADRC/Information and Assistance
Sue Malik, Food Programs Coordinator/Kinship Program Associate
Cathy Priebe, *The Senior Years* Editor
Jay Squire, Transportation Driver
Helene Stone, MSSA, LISW-S, Kinship Program
Linda Taylor, Reception
Carol Turnbull, Reception
Beth Wiech, LSW, ADRC/Options Counseling

Housekeeping Staff

Cindy Campbell
Janet Gooden
Velma Kimbro
Michelle Wade
MaryAnne Watson
Shayla Whitfield

Welcome! Thank you for taking the time to read our 2022 Annual Report! In the following pages we have detailed each of our services and their impact on the community in 2022. Our Agency is dedicated to serving and improving the lives of Lorain County older adults and adults with disabilities. Our clients are not numbers to us but stories and lifetimes of knowledge and experiences that shape their individual circumstances and viewpoints. We celebrate and welcome it all!

2022 was supposed to be a year of recovery and transition to a post-pandemic world. While some of that occurred, so many blessings came this organization's way during 2022! We received a one million dollar American Rescue Plan Act grant from the Lorain County Board of Commissioners to support and enhance the great work we did during the pandemic and ensuring we are ready for the next crisis. These dollars purchased a second wheelchair accessible van to expand our Medical Transportation Program, purchased new coolers and freezers for our food bank, purchased new computer and technology equipment that was badly needed, and we will be launching a home repair program in summer of 2023!

None of the work we do would be possible without the dedicated staff, board members, volunteers, private donors and funders who believe deeply in our mission to provide services, support, and advocacy for older adults to age successfully in Lorain County. We are repeatedly blown away and amazed at the support we receive from our community. We thank each and every one of you for your support as we strive for our vision of an equitable, engaged community for older adults.

With Deep Respect and Gratitude,

Deborah L. Sheldon, SHRM-CP
Board President

Lauren Ksiazek, MSW, LSW
Executive Director

Providing services, support, and advocacy for older adults to age successfully in Lorain County.

2022 Annual Fundraiser

After a two-year hiatus, we were so excited to invite all our friends back to our second annual fundraiser, held at the Amherst Eagles on Friday October 7th! It was a fantastic evening full of good food, great company, and lots of laughter. We raised \$15,925 that will all go towards sustaining our services in the community! Thank you to all who attended and mark your calendars for Friday August 18th from 5pm to 9pm at the LCCC Sptizer Conference Center!



**Authentic Homestyle
Cooking Fundraiser**

Provided By Vollick's

**Entertainment*Raffles*Baskets*50/50*Gift Cards*
*Drawings*Auction Items & MUCH MORE!**

Friday October 7th, 2022
5:00pm - 10:00pm
Amherst Eagles F.O.E. 1442
1161 Milan Ave, Amherst
\$25/ticket includes dinner w/ sides,
rolls, dessert and free draft beer



Serving: 5:30pm - 7:30pm

Cash Bar and Take Out AVAILABLE

2022 Program Highlights

Food Assistance

LCOOA provides food assistance to many Lorain County residents who are at nutritional risk through a variety of services including:

- Two Food Pantry Programs
- Senior Food Box Program
- Home Delivered Meals
- Senior Dining Program
- Senior Farmer Market Vouchers

Approximately **4,682** low-income individuals received some type of Food Pantry Assistance from the Lorain County Office on Aging.

The Office on Aging provided balanced, hot, nutritious meals to **847** older adults living in Lorain County, through Home-Delivered Meals and our Senior Dining Program. Since we target our service to seniors who are at high nutritional risk, LCOOA is able to improve the health status of some of the County's most fragile citizens.

In total, **49,754** hot, nutritious meals were provided by the Lorain County Office on Aging through the Home Delivered Meals and Senior Dining Programs.

452 low-income older adults living throughout Lorain County were provided with Farmers Market Vouchers, valued at **\$22,600** to help them buy fresh fruits and vegetables at participating Lorain County farmers markets.



2022 Program Highlights

Aging & Disability Resource Center (ADRC)

Lorain County Office on Aging is the designated Aging & Disability Resource Center (ADRC) for Lorain County that offers the following services:

- Information & Assistance
- Benefits Assistance
- Options Counseling

The Lorain County Office on Aging offers **Specialized Information and Assistance (I&A) Services** to Lorain County residents who are 60 years or older or disabled. I&A includes determining what resources older adults and disabled adults might require to address their needs. LCOOA also provides follow-up to make sure individuals get connected with these resources.

Benefits Assistance is provided to qualified Lorain County residents who are at least 60 years old or disabled. Assistance is provided to meet their unique financial needs such as helping them apply for and obtain any additional public benefits that they are eligible for.



2022 Program Highlights

Options Counseling is an interactive process provided to older (60+ years) and disabled adults, and their families, to develop a long-term plan to help them make informed choices about long term services and supports. We help them learn about community resources and assist with accessing these resources. We also work with individuals to make sure their wishes are both made known and honored. Options Counseling is also available to help eligible older and disabled adults successfully transition from hospitals, rehabilitation facilities and other long/short term nursing facilities to an appropriate living situation for the level of care needed.



2022 ADRC Highlights

In 2022, ADRC services were provided to **1,859** Lorain County older and disabled adults. Of them:

- **1,659 referrals, follow-up and service assistance was provided to 1,047 aging and disabled Lorain County residents through Specialized Information & Assistance Services– which include assessing needs, linking older adults to needed supports and providing follow-up to ensure needs were met.**
- **To help older adults make informed choices about appropriate living situations, Lorain County Office on Aging staff provided Options Counseling to 234 aging & disabled Lorain County residents.**
- **347 seniors & disabled adults receiving Benefits Assistance** and obtained additional health & social service benefits such as Medicare, Medicare Part D Subsidy, Medicare Savings Program, Medicaid, SNAP, *MycareOhio*, PIPP and/or HEAP.

2022 Program Highlights

RSVP Program

The Lorain County RSVP (Retired Senior Volunteer Program) recruits, trains, places and supports more than 220 volunteers, over age 55. With a focus on service programs that positively address community needs in Lorain County, volunteers provide services in local non-profit, school and health care sites throughout the county. The goal of RSVP is to support the community to address social problems and improve the quality of life of all Lorain County residents!

2022 RSVP Highlights

RSVP partnered with area non-profit and other organizations to meet and address the health & social service needs of all Lorain County residents, by recruiting and placing **225 volunteers at local community agencies.**

More than **7,144 community service hours were provided through RSVP in 2022!!** This number is reduced due to station closures and safety concerns during the pandemic.

Kinship Program

The Kinship Program is an initiative of the Lorain County Office on Aging to actively address the needs of grandparents or other adults who are raising a minor grandchild or other minor relative.

Highly qualified Kinship Program staff provide assistance to families to gain access to services to help children successfully transition into the home of their grandparent or other relative caregiver. Services offered include: case management, crisis intervention services, legal assistance, caregiver education and support and a food pantry.

2022 Kinship Highlights

In 2022, 44 families (and 73 children) received Kinship Program services.

2022 Program Highlights

Supportive Services

Evidence-based best practice suggests that coordinated care management is one of the most effective ways of ensuring that persons with multiple and complex health needs receive the care needed to improve their health and help them remain independent in the community.

LCOOA addresses this need through its Supportive Services. As part of this service, a specialist assesses an older adult's needs and then provides a mix of supportive services and referrals to address issues and concerns.

All supportive services provided are designed to improve the health status of Lorain County seniors and allow them to remain safely in their homes.

2022 Support Service Highlights

418 at risk older adults living in Lorain County received supportive services in 2022. Approximately 512 hours of social work support was provided by LCOOA.

Transportation to Health Care

Research shows that an increasing number of Lorain County seniors are living alone with few supports nearby. These individuals are often geographically isolated and have trouble getting to health care appointments. Unfortunately, evidence suggests that Lorain County older adults disproportionately suffer with chronic health conditions, like diabetes, hypertension, mobility issues, chronic pain and high cholesterol.

To protect the health of seniors who had no other means to get to healthcare appointments, Lorain County Office on Aging provided Transportation Assistance to Healthcare appointments to **135** frail and isolated Lorain County aging residents. In 2022, **1,007** one-way trips were provided to ensure these individuals received healthcare needed to maintain their health and independence. This program was heavily impacted by the pandemic due to social distancing concerns.

Lorain County Office on Aging- Core Values



Core Values of Lorain County Office on Aging define who we are and what we believe. They guide how we serve individuals, how we treat one another, and how we make decisions.

- **Dignity:** We believe in treating every older adult with kindness, respect, and decency to ensure they feel valued and supported.
- **Compassion:** We believe every older adult deserves empathy and understanding of their unique life circumstances.
- **Trust:** We believe in demonstrating to older adults that we will put them first, promptly respond to their needs, and do all we can to make their lives better every day.
- **Equity:** We believe in eliminating barriers that older adults experience in accessing the resources and services they need to live healthy, happy lives.
- **Collaboration:** We believe achieving our ambitious vision is possible by working together with partners to build a supportive community for older adults.

2022 Program Highlights

The Senior Years Newspaper

For just \$15/year, an individual will receive the monthly *The Senior Years* newspaper. It provides readers with critical information about policies affecting aging populations, as well as resources available to older adults throughout Lorain County.

In 2022, we provided information to older adult groups, which included nutrition education, HEAP and other services Lorain County older adults are eligible to receive.

In 2022, we provided over \$49,000 dollars in HEAP assistance to clients.

2022 Senior Years Highlights

Provided monthly health education and information about Lorain County resources available to older adults to help them improve their health, well being and independence, through *The Senior Years* newspaper, to more than **6,200** Lorain County residents.

- News about policies that affect aging Lorain County residents.
- Access to area resources for Lorain County residents.
- Information designed to promote health and wellness, including healthy recipes and tips on how to make small changes to improve health and remain independent in community settings.



2022 Program Highlights

Housekeeping Services

Housekeeping services are offered to at-risk Lorain County seniors who are unable to maintain a safe home and complete daily living tasks required to maintain health and well-being. Services include an intake assessment to determine the older adult's needs and routine cleaning services designed to protect the health and safety of the older adult, while also allowing him or her to remain independent in the community.

2022 Housekeeping Highlights

Regular Housekeeping Services were provided to 113 at-risk older adults, in 2022, to allow them to remain independent in their homes.

In total, **we provided 2,628 hours of Housekeeping Services to at-risk seniors** living in Lorain County, to help them remain safely in their homes.

**Lorain County Office on Aging
Statement of Financial Activities**

INCOME	2021*	2022
Support Income		
Government Grants		
Gov't Grants-City Funds	\$ 109,220	\$ 104,321
Gov't Grants- County Funds	\$ 38,047	\$ 71,317
Gov't Grants-Federal Funds	\$ 438,921	\$ 424,712
Gov't Grants-State Funds	\$ 2,890	\$ 3,078
Contributions In-Kind	\$ 120,772	\$ 118,560
Private Grants		
Private-Restricted Grants	\$ 194,810	\$ 104,352
Donations	\$ 36,613	\$ 25,563
Total Fundraising Events	\$ 0	\$ 15,925
Earned Income		
Senior Years-Advertising	\$ 92,194	\$ 89,892
Program Income	\$ 21,687	\$ 9,356
Dues	\$ 22,401	\$ 25,448
Other Income	\$ 363	\$ 629
TOTAL INCOME	\$ 1,077,918	\$ 1,228,756
EXPENSE		
Total Program Expense	\$ 622,898	\$ 801,839
In-Kind Expense	\$ 120,772	\$ 118,560
Total General & Admin Expense	\$ 299,499	\$ 353,639
TOTAL EXPENSE	\$ 922,397	\$ 1,155,478
NET ORDINARY INCOME	* \$ 155,521	\$ 73,277
ASSETS	12/31/2021	12/31/2022
Operating Cash	\$ (5,310)	\$ (93.40)
Money Market	\$ 482,254	\$ 515,788
Accounts Receivable	\$ 52,220	\$ 88,873
Fixed Assets	\$ 101,998	\$ 288,308
Other Assets	\$ 28,498	\$ 18,255
Total Assets	* \$ 659,660	\$ 908,836

*AUDITED FINANCIALS

LORAIN COUNTY OFFICE ON AGING



ENDOWMENT FUND

A LEGACY GIFT PLACED IN THE
LCOOA ENDOWMENT FUND
WILL PRODUCE ENDLESS RETURNS

To Register Please Contact:

Executive Director, Lauren Ksiazek, MSW, LSW
Email: ksiazek@lcooa.org | Desk Phone: 440.326.4822

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LORAIN COUNTY OFFICE ON AGING

Central Office
534 South Abbe Road
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(440) 326-4800

Southern Satellite
105 Maple Street
Wellington, OH 44090
(440) 647-0777

LORAIN COUNTY OFFICE ON AGING IS GENEROUSLY SUPPORTED BY:

Western Reserve Area Agency on Aging

Lorain County Board of Commissioners



Community Foundation
LORAIN COUNTY

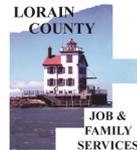


Lorain County
Children Services



CITIES OF AVON AVON LAKE SHEFFIELD LAKE SHEFFIELD VILLAGE

Funded by the
"Townships of Brighton, Huntington, Penfield, Pittsfield and Wellington"



AND THE KINDNESS OF CIVIC & INDIVIDUAL DONORS

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